

2016 PORT LINCOLN R-7 CANTEEN PRICE LIST

Manageress: Cathy Swansson

Phone: 8682 4097

Food to be ordered via the lunch bag system by 10.00 am.

Primary School : Put student and teacher name only on the bag.

Junior Primary : Put student name and room number only on the bag.

Please include the amount of money enclosed.

FOLD BAG, DO NOT STICK OR STAPLE

EVERYDAY FOOD

SANDWICHES ROLLS

Chicken	\$3.00	\$4.00
Ham	\$3.00	\$4.00
Vegemite	\$2.00	\$3.00
Cheese	\$2.50	\$3.50
Tuna	\$3.00	\$4.00
Egg	\$3.00	\$4.00
Salad	\$4.00	\$5.00

(cheese/tomato/cucumber/carrot/lettuce)

Buttered Roll \$2.50

EXTRAS

Meat	\$1.50	Lettuce	.50c
Cucumber	.50c	Cheese	.50c
Tomato	.50c	Grated Carrot	.50c
Beetroot	.50c	Mayonnaise	.30c
Spoons	.10c		
Butter	.30c	Toasting/Heating	.50c
Tomato Sauce (pkt)	.30c		

AVAILABLE Monday, Wednesday and Friday only

Hot Dog	\$3.50	pkt sauce	30c
½ Hot Dog	\$2.50	(tomato only)	

SPECIALS:

TUESDAYS and THURSDAYS

	Plain	
Pies	\$4.00	
Sausage rolls	\$3.50	
Mini Pasty	\$2.50	
Mini Puff Dogs	.50c each	
(minimum 8 each)		
Pkt. Tomato Sauce	.30c	

A Hot Dog will be given when these are ordered on other days.

FOLLOWING ITEMS COUNTER SALES ONLY FOR PRIMARY SCHOOL

Junior Primary may order through lunch bags.

SNACKS

Fruit buns plain	\$2.70
Buttered	\$3.00
Fruit Salad tub	\$2.00
Vanilla Yoghurt	\$2.00
Popcorn	\$1.00
J.J.'s Chicken Chips	\$1.00
BBQ Mamee Noodles	\$1.50
Red Rock Honey Soy	\$1.50 (Monday ONLY)
Fruity Balls in Yoghurt	.10c each

DRINKS

Plain Milk	\$2.00	Water	\$2.00
Flavoured Milk	\$2.50	Pop Top Juices	\$2.50
(Chocolate/Strawberry)		(Apple/Blackcurrant, Orange, Apple)	

SALAD PLATES

Salad Only \$4.50

Salad + Ham or Chicken or Tuna \$6.00

(Salad = cheese/tomato/carrot/lettuce/boiled egg/beetroot / cucumber + piece of bread)

SALAD WRAPS \$4.00

Comes with grated cheese/carrot/tomato/cucumber/lettuce

Extra \$1.50 for Chicken, Ham or Tuna

Extra .30c for mayonnaise.

Pizza – Ham and pineapple only	\$4.50
Chicken Breast Nuggets	.50c each

(up to 10 – limit is 10 per student)

Add a salad tub with your Nuggets for \$2.50

(Salad = lettuce, carrot, cheese, cucumber and tomato)

Chicken & Gravy Rolls	Hot	\$4.50
Cheese & Bacon Rolls	Cold	\$1.70
With Butter		\$2.00
Hot	\$2.20	With Butter \$2.50
Hot Corn on Cob		\$1.50
Boiled Egg		.80c each
Hot Mini Pita Pockets		
Chicken and cheese		\$3.50
Ham and cheese		\$3.50

The 2016 Canteen Menu has been revised with carefully selected foods that meet the healthy eating guidelines.

Donations of goods eg fruit, vegetables, tinned foods, and general items eg gloves, hand towel etc. are always appreciated.

ICE CREAMS ONLY AVAILABLE AT PRIMARY SCHOOL at LUNCH.

Prices between \$1.00 and \$2.00

FROZEN ITEMS NOT TO BE ORDERED ON LUNCH BAGS