

# SUNSMART POLICY

Skin damage and skin cancers are caused as a result of cumulative exposure to the sun. Most skin damage and skin cancers are preventable if we take some important precautions. We actively promote safe sunsmart practices.

## AS A SCHOOL WE WILL . . . .

- ensure sun protection lessons are part of the classroom programme
- provide shaded play areas or indoor areas on high risk sun exposure days
- support families to access hats and sunscreen through Social Justice budget and ASSPA
- regularly promote sun safe practices in newsletters, at assemblies and in classrooms
- allow children to remain inside when the temperature is 35+ degrees Celsius or is a high risk exposure day.
- induct families into our sun protection policy
- consider the issue of sun protection when planning excursions
- have all staff and students wearing broad brimmed or legionnaire hats during terms 1 and 4
- recommend sunscreen be SPF 30+ broad spectrum and water resistant. Sunscreen should be applied 15-20 minutes before going outside and regularly reapplied (around every 2 hours) if outside for an extended period of time or sooner if involved in water activities or sport.

## IN THE YARD WE WILL . . . .

- remind children about the need to wear their hat and sunscreen
- re-direct children not wearing hats to shaded play areas in Terms 1 & 4.
- model good practice by wearing a broad brimmed hat and sunscreen while on duty
- acknowledge those children who are wearing hats and sunscreen.

## STUDENTS WILL....

- bring a broad brimmed hat from home or seek help to access one
- actively participate in lessons about sun protection
- remember to wear a hat and sunscreen before going outside
- play in a shaded area or wear a hat and sunscreen in terms 1 & 4.

## PARENTS WILL....

- provide a broad brimmed or legionnaires hat for their children to wear or seek help to access one
- encourage their children to wear a hat and sunscreen or to play in the shade
- model sun protection practices.

## EXTREME WEATHER POLICY....

In the event of Extreme Weather, eg Strong Winds, Storms, High Temperatures we will provide indoor activities;

- Classrooms are air conditioned but parents who feel strongly that their child/ren should not be at school on days of extreme weather should make arrangements for them to stay at home and inform the school of their absence in the usual way.
- During extreme weather class teachers will supervise students in their classrooms during recess and lunch breaks.
- Any outdoor activities scheduled on days of extreme weather will be automatically be cancelled